

5 Stage of Grief: Anger Scene

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Overview:

15 Minute Production

A group of friends visit a bar to have drinks in remembrance of their friend dying. Main is not enjoying it and is in a negative mood. His mood ends up getting worse and hits its peak when he arrives home with his girlfriend.

Roles:

Director - Chloe Elford

Main Writer - Harry Wilcock

Movement - Max Hayes and Victoria Schlienkamp

Set design - Maria Bernal and Jessie Burdett

Lighting: Chloe Elford

Makeup - Victoria Schlienkamp

Costume - Meenakshy Pradeep

Bar Scene

Sound: Soft bar music playing.

Bar part 1:

Acting:

- Subtle 5 stages of grief sat around the table.
- Main is anger. He is sat staring, looking isolated, introspective, soft frown on his face.
- Group is having drinks together and someone stands and makes a casual speech

Lighting:

- There is a soft white spotlight on main. This intensifies the focus on him and casts an unpleasant shadow on his face.
- The rest of the lighting is dim yellow, like in a bar, but darker. This adds even more focus on main and visual shows him feeling isolated. He is surrounded by people but is very closed to it and doesn't see it.

Bar part 2:

Acting:

- One of the friends says something that main disagrees with.
- Main reacts with a quick sharp defensive anger.
- E.g. Friend says "We were best friends" and mains response something like "He was friends with all of us" or "He wasn't just your friend".
- Settles back down and conversations continue.

Lighting: At mains outburst, the yellow lights brighten in a flash, to show anger now see's everyone and has been brought out of his previous state.

Bar part 3:

Acting:

- Main's girlfriend goes to bar with friend. They talk while waiting for drinks.
- Main sees them and thinks they are flirting. Main walks up angrily and gets between friend and gf. He goes head-to-head with friend and then shoved him backwards.
- Some friends rush up and grab him. They suggest main goes home. Some check friend is okay.
- Main insists he is fine and shrugs off friends and sits down in the same position as before but now looks very tense and angry but is holding it in.
- Talking and chatting slowly continues but are not as comfortable as before.
- Main jumps up and abruptly announces leaving and walks out. Gf is shocked, hurriedly grabs coat, bag etc and runs after him.

Lighting: At the end the room goes dark

Home Scene

Sound: No sound in the home scene until the end.

Home part 1:

Acting:

- Main and gf enter door to home.
- Main immediately flips out at gf calling her a slut/whore and saying she has no manners for doing that at a gathering for their friend.
- Gf shockingly murmurs that that is not what it was at all, that he is overreacting while trying to grab him and slow him down.
- Main forcefully pulls arms away from her and shoved past her to go further into the house. Gf lands on the floor.

Home part 2:

Acting:

- Gf is crying and is shocked. Heavy breathing and a little scared.
- She shakes herself off and becomes angry. She gets up and shouts and points at him saying something like “how dare you act like this, you’re not the only one grieving you know, you know there was nothing happening between us but used it just for a reason to get mad”
- Main and gf are shouting and arguing with each other.
- Gf eventually starts trying to grab main to make him look at her forcefully to “shake him out of it”.
- Main continues pulling off of her and grabbing her hands and taking them off of her and telling her to fuck off.
- They get so heated and she doesn’t stop that he punches her in the face.
- Gf falls to the floor.
- Main expresses anger by “arghhhhh” he puts his hands through his hair and paces around a little, showing extreme frustration.
- It eventually gets quieter and you can hear gf quietly crying on the ground, you can see her body shaking, but otherwise she is still.
- Main stares at her for a few seconds in utter shock. He backs up against the wall and slowly slides down until his allows are on his knees and his hands are in his hair, his head down. He is breathing heavily.
- Main and gf stay there in silence for a longer amount of time in silence.

Sound:

- At the end of scene a white noise hum will play to show the silence in the room and add to the negativity hanging around there.
- When the spotlight goes out the sound will also fade out.

Lighting:

- At the end of the scene the lights will go dark and a white spotlight will shine down on main, linking back to the beginning of the performance. It will represent his isolated mood and introspectively.

- The very very end will have the spotlight slowly turn off leaving it in pitch darkness for a few moments before finishing the performance

Optional House Scene 1:

Sound:

- The script reading starts as normal.
- A repetitive deep booming noise begins subtly as soon as the door shuts.
- The booming sounds slowly becomes louder and louder until the performer's voices are drowned out/they begin miming the scene. The audience can feel the sound in their body. Comparison – When you are at a concert and you feel the bass in your chest.
- When the punch connects with the girlfriend's face, the sound immediately stops. The audience hears the girlfriend's body hit the floor.
- Ending continues as normal with white noise slowly entering.

Optional House Scene 2:

Sound:

- The entire house scene is mimed.
- As soon as the door shuts the loud deep repetitive booming noise happens.
- When the punch connects with the girlfriend's face, the sound immediately stops. The audience hears the girlfriend's body hit the floor.
- The only verbal sound in this scene is after the punch when they may hear faint sobs from the girlfriend and the extremely heavy breathing from main.
- Ending continues as normal with white noise slowly entering.

Home Scene Script:

Writers: Chloe Elford and Harry Wilcock

M – Main G - Girlfriend

----- Enter and shut door- Argument in the hallway-----

M: “You fucking whore **pause** it’s just a bit fucked up that you’d do that to me at my dead friends memorial meal”

G: “I’m not even having this argument with you tonight! Every time I so much as look at another man you flip your shit-”

M: “You were more than looking at that guy, you were exchanging numbers with him!”

G: “No! He was my friend stan, a friend from work.”

M: “Oh so you already had his number?”

G: “You know what, fuck you” *or* “**growl** fuck you.”

-----Kim takes off coat and throws it into the corner-----

G: “You treat me like a god damn accessory! What, what, you want me to just sit there and look pretty and have no friends? Cus God forbid I talk to anyone else but you.”

M: “Say what you want but I’m not trying to fuck some random guy from work”

G: “We were talking about business equities stan, I couldn’t think of a less arousing topic if I tried.”

M: “OUR FRIEND IS DEAD!” *or* “Our friend is dead and you’re out on the fucking prowl!”

-----Stan shoves past Kim, Kim left shocked for moment - Kim continues after pause and follows stan-----

G: “You’re not the only one grieving you know! Charlie would’ve hated seeing you like this.”

M: “You manipulative bitch, don’t you dare fucking bring him into this”

G: “Why not Stan!? Look at you-“ *-----* Kim tries to get a hold of him*-----*

M: “Get the fuck off of me! He’s not even been in the ground a week and you’re already weaponising him”

G: “Why are you acting like this!?”

M: “Because you’re a fucking slut!”

G: “This is not you saying this Stan!”

M: “Leave me the fuck alone! You fucking whore!”

G: “Charlie would’ve hated this.”

M: “This is bullshit!”

-----Stan punches Kim, Kim stays laying of floor, stan wanders while freaking out until finally backing up to the wall and sliding down and sitting on the ground.-----

Specifications:

Set Locations: **will be discussed for exact details with set designers.*

- Bar
- Main and girlfriend's house

Characters:

- Main (Anger)
- Girlfriend
- Flirty friend (Denial)
- Speech friend (Bargaining)
- Sad Friend (Crying)
- Acceptance
- Friend

Costumes: **will be looked into further in detail by group/costume people.*

- Fitting the mood of each character and their stage of grief. The outfits stand out more as it is a stage performance but they are still subtle in their colour and representation. E.g. Main where's a red t-shirt under a black leather jacket and black jeans.